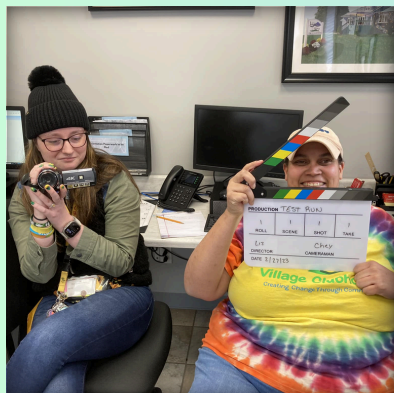


Wellness

We support our community in making healthy lifestyle choices by offering information and opportunities to our membership. Wellness Meetings are held weekly to go over member goals and tips to promote overall health and wellness in a supportive community setting.

Not ready to work in the community? That's Okay!

Some members attend to decrease loneliness and isolation. Others want to develop vocational skills towards future employment. You won't be put out into the workforce until you are fully ready. The Clubhouse is ultimately a place where you can meet new people and a place where you can feel welcomed, accepted, and productive



Member strengths, not their illness

The Work Ordered Day is an in-house prevocational program with focus on members' strengths, rather than their illness. Work in the Clubhouse provides the core healing process. The unit work of the Clubhouse is accomplished by members and staff working side by side as colleagues. Village Clubhouse has the following units:

Food Services Unit

Menu Planning / Budgeting / Bulk Food Ordering / Stocking / Cafe Operations / Cashier Skills / Food Preparation / Health & Wellness / Inventory / Dining Room Set Up / Customer Service / Gardening

Business and Career Development Unit

Data / Quarterly Newsletter / Career Exploration / Social Media / Clubhouse Statistics / Photocopying / Faxing / Filing / Basic Accounting / Data Entry / Processing Payroll / Bookkeeping / Job Coaching / Job Support / Job Development / Resume Writing / Referral for Services / Interviewing Skills / Long-term Job Support / Income Reports / Website Development / Administration

Membership Services Unit

Reach Out / Reception / Clubhouse Research / Orientation / Tours of the Clubhouse / Landscaping / Building Maintenance / Clubhouse Inventory / Social Program / Van Maintenance / Media / Young Adult Program / Transportation / Referrals / Clerical

Hours of Operation

Monday - Thursday, 7:30 A.M.-4:00 P.M.
Friday, 7:30 A.M. - 7:00 P.M.
Evenings, weekends, & Holidays as scheduled



207-837-6260

www.villageclubhouse.org

119 Main St. Topsham, ME

04086





What is a Clubhouse?

A Clubhouse is much more than a social service or employment service. We are a community of people with mental health difficulties working towards the common goal of recovery. As with all Clubhouses, members are unique individuals who possess valuable talents, strengths, and abilities which when combined, assist in making the Clubhouse come alive. The sense of membership and belonging are at the very heart of the Clubhouse way of working



Our Vision

Our vision is that people with mental illness everywhere achieve their potential and are respected as co-workers, neighbors, and friends

Our Philosophy

The Clubhouse is a place where members participate with dignity and respect. Members are wanted, needed, and encouraged by the Clubhouse community. The participation of members is essential to the functioning of the Clubhouse.

Becoming a member

Adults with a major mental illness can become a member if they are eligible for community support services. There is no charge to become a member. Funding for the Clubhouse includes Mainecare, Vocational Rehabilitation, and private donations. Orientations to the Clubhouse Model will be provided to new members.

Four Guaranteed Rights

- A guaranteed right to a place to come
- A guaranteed right to meaningful work
- A guaranteed right to meaningful relationships
- A guaranteed right to a place to return

Education

The Clubhouse offers an array of supports that give encouragement and recognition for educational efforts and achievements. We feel educational advancement for members is a necessary and vital Clubhouse service. The objectives of our Clubhouse education program is to serve as a liaison for members and community facilities by assisting members with accessing and successfully utilizing adult community education facilities, literacy services, GED programs, disability services, schools, colleges, drivers education, and other available resources.



Transitional Employment (TE) is a time-limited opportunity, usually 6-9 months in duration. TE positions belong to the Clubhouse. In TE, the Clubhouse develops and maintains a relationship with the employer and provides onsite training and support. Guaranteed absence coverage is a key feature of the model.

Supported Employment (SE) is an employment opportunity that is not time-limited. The position belongs to the member. There is a competitive element to the interview process. In SE the Clubhouse develops and maintains a relationship with the employer and assist with job site development and sometimes training. SE jobs may be full or part-time. The Clubhouse does not provide absence coverage.

Independent Employment (IE) positions may be full or part-time, and belong to the member, who has participated in a fully competitive interview process. The Clubhouse does not commit to a formal relationship with the employer or provide absence coverage. The Clubhouse assists with career development, job search, and job choice, if the member desires it